

AGENDA

Friday, May 1, 2026

8:00 - 8:15 AM	Registration Breakfast
8:15 - 9:00 AM	Welcome Introductions Opening Remarks Alicia Barnes, DO, MPH
9:00 - 9:15 AM	Break
9:15 - 9:45 AM	Courtroom Leadership in Advancing Child Mental Health Judge Lasheyl Stroud
9:45 - 10:15 AM	Voices That Heal: Reframing Mental Health for the Next Generation Regan Williams, MD
10:15 - 11:30 AM	Keynote Address: Inner Words Russell Ledet, MD, PhD, MBA
11:30 - 12:30 PM	Networking Lunch
12:30 - 2:00 PM	Synergizing with Collaborative Programming Kimberly Jones, LPC-MHSP
2:00 - 2:30 PM	Closing Remarks Recognition Awards Alicia Barnes, DO, MPH
2:30 - 3:30 PM	Poster Session

ACTIVITY MEDICAL DIRECTOR



Alicia A. Barnes, DO, MPH, FAPA, DFAACAP
Urban Child Institute Endowed Chair of Excellence in
Child & Adolescent Psychiatry
Division Director & Chief of Psychiatry at
Le Bonheur Children's Hospital
Associate Professor, Department of Psychiatry
& Pediatric

REGISTRATION

Space is limited. Online registration is available at:
<https://cenow.uthsc.edu/content/2026-pacts>



There is no cost to attend this summit.

ACTIVITY LOCATION

Crosstown Concourse Theater
1350 Concourse Avenue
Memphis, TN, 38104

PARKING

The parking garage at Crosstown Concourse in Memphis
offers free parking on the upper 3 levels.

CONTACT INFORMATION

Kimberly B. Jones, LPC-MHSP, ACS
Phone: 901.258.6127

2026 Psychiatric-Advocacy
Collaborative Teams Summit (PACTS)

FROM SILOS TO SYNERGY: Advancing Child Mental Health Through Collaboration

Division of Child & Adolescent Psychiatry

*Co-Hosted by the
Tennessee Society of Child & Adolescent Psychiatry*



Friday, May 1, 2026
8:00 AM - 3:30 PM

Crosstown Concourse Theater
1350 Concourse Avenue
Memphis, TN 38104

OVERVIEW

The 2026 Psychiatric-Advocacy Collaborative Teams Summit (PACTS): From Silos to Synergy: Advancing Child Mental Health Through Collaboration aims to unite medical professionals, families, social workers, educators, and child-serving entities to enhance mental health care. The summit will feature a keynote speaker who will further elucidate the conference's mission and inspire providers to collectively address the issues impacting youth mental health. There will be a panel discussion offering instructional content, focusing on topics such as justice involved youth and enhancing systems of care. Lunch will include a networking opportunity fostering effective collaboration, continuing the afternoon with more specialized discussions with the shared goal of bridging existing gaps in mental health provision. A poster session will provide participants with the opportunity to gain insights into the latest research conducted in the field of children's mental health.

EDUCATIONAL OBJECTIVES

Systems of Care: Foundation of Child Mental Health

- Relate how System of Care Approach will assist mental health professionals to provide improved outcomes for patients
- Formulate plans to establish collaborative teams to assist in management of mental health concerns in youth from a team approach versus only working in silos

Social Justice in Mental Health

- Identify factors impacting outcomes in mental health care for youth
- Explain ways to utilize professional standing to advocate for legislative and procedural change to promote socio-emotional well-being of youth

DESIRED OUTCOME

The goal of the 2026 Psychiatric Advocacy Collaborative Teams Summit (PACTS) is to convene a group of local experts to discuss the various methods and strategies that healthcare professionals can implement in their daily practice to improve the care and support for youth impacted by adverse childhood experiences. The summit's overarching goal is to cultivate a deeper understanding of integrated behavioral health practices, emphasizing cultural competency and humility. PACTS aims to fortify the delivery of care within diverse communities, addressing existing shortcomings, and rectifying challenges that hinder access to mental health services.

TARGET AUDIENCE

Physicians, Community Healthcare Providers, Nurses, Nurse Practitioners, Fellows, Residents, Medical Students, Social Workers, Child Psychiatrists / Psychologists, and anyone who works with children and their families



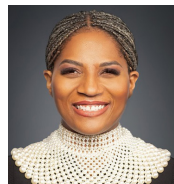
KEYNOTE SPEAKER

Russell J. Ledet, MD, PhD, MBA
Triple Board Residency Program
Indiana University School of Medicine

Russell J. Ledet, MD, PhD, MBA, enlisted in the U.S. Navy, both on active and reserve duty. His first assignment was as a U.S. Navy Ceremonial Guardsman in Washington, D.C. He subsequently completed Navy cryptology training and was assigned to the USS John L. Hall (FFG-32), based in Mayport, Florida. Dr. Ledet has been awarded multiple Navy Achievement medals for his leadership and work ethic. After five years of active-duty service,

Dr. Ledet transitioned to the USN Reserves, while also attending Southern University, where he completed his Bachelor's degrees in Chemistry and Biology. He then went on to obtain his PhD in Molecular Oncology from New York University (NYU). His scientific work focused on prostate cancer biology and therapeutic development utilizing proteomics and bioinformatics. This work was funded by the National Institutes of Health (NIH), as well as the Howard Hughes Medical Institute, and published in *Nature and People Magazine*. Upon completing his PhD, he began his medical training at Tulane School of Medicine. During his medical school journey, he co-founded The 15 White Coats, an organization supporting underrepresented minority students in medicine. Dr. Ledet is the first Black male in the Indiana University Triple Board Program. Dr. Ledet's journey, as well as his activism and philanthropy, has been recognized by the national media, including *People Magazine*, the Steve Harvey Show, NBC Nightly News with Lester Holt, The Kelly Clarkson Show, CNN, MSNBC, and Good Morning America.

UT HEALTH SCIENCE CENTER FACULTY AND GUEST SPEAKER



Judge Lasheyl Stroud
Lead Juvenile Judge
Franklin County Court of Common Pleas
Domestic Relations &
Juvenile Branch (Columbus, OH)



Regan Williams, MD, MS, FAAP, FACS
Medical Director of Trauma Services
Le Bonheur Children's Hospital
Department of Surgery & Division of
Pediatric Surgery

DISCLOSURE STATEMENT

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. Individuals involved with planning, reviewing, and presenting content for this activity must disclose all financial relationships with ineligible companies within the past 24 months, regardless of the amount. The ACCME defines ineligible companies as those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. Individuals must disclose regardless of their view of the relevance of the relationship to the education. The UT College of Medicine, the CME staff, and Activity Director have taken appropriate steps to identify and mitigate relationships prior to the individuals assuming their roles.

4.75 CME / CEU credits provided



AMA Credit Designation:

The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of *4.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education for Non-Physicians:

The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

Accreditation:

The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

SOCIAL WORK CREDIT

CEUs will be available for LCSW/LSW and LCPS/LPC.

Supported by the AACAP/Assembly Advocacy and Collaboration
Grant Awarded to Ladoris Warren, MD, Assistant Professor,
Division of Child Psychiatry